

Member Meeting
Thursday, July 13, 2023
Welcome to "Hybrid"!

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Thanks for being here...
In-person AND by Zoom

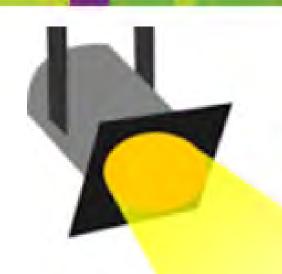
AGENDA

- Agency Spotlight: Samaritan's Wellness Screen Program 10 years!
- New project announcement: DRIVE Health Project Project
 Director, Tiffany Yang & Collaborating Partners
- Keynote Speaker Announcement: 2nd LGBTQ+ Mental Health

Summit

• REMINDER: "Just For Me" Series 2023





The Connection: Program Spotlight





American Academy of Pediatrics recommends annual psychosocial screening for adolescents

Half of all lifetime mental health disorders begin by age 14

Why screen at school

Approximately 1 in 4 (25%) adolescents experience mental disorders that result in severe impairment

Although many disorders can be treated, almost half of adolescents with mental health issues do not receive treatment

Mental health care may occur across a variety of settings, including educational and primary care

(SAMHSA, AAP, NAMI)

Students are there

Why screen in schools?

Safe and structured environment

Relationships matter

School Districts

Appleton Area School District **Brillion Public** Chilton Public Schools Kaukauna Area School District Little Chute Area School District New Holstein school District Oshkosh Area School District School District of Hilbert School District of New London School District of Omro **Seymour Community School District** Stockbridge School District Unified School District of De Pere Winneconne Community School District

Grade Levels

All school districts screen at least one grade level in high school

- 9 screen at 9th grade
- 6 screen at 10th grade
- 7 screen at 11th grade
- 2 screen at 12th grade

11 school districts screen at least one grade level in middle school

4 school districts screen at least one grade level in K-5th grade

Youth Report: Screen

Grades 6th-12th

Pediatric Symptom Checklist- Youth PLUS

PLUS includes questions about:

- Risk factors associated with depression, anxiety, and suicidality such as rumination, belongingness, burdensomeness, and capability
- Non-suicidal self injury
- Suicide ideation
- Suicide attempts
- Alcohol and substance abuse (CRAFFT)

Recommendations for Mental Health Care

Urgent evaluation

Further mental health evaluation by mental health or medical provider

Continue with current treatment

Connect to school counselor or other school staff

No recommendation at this time, recommend annual mental health screening

Youth
Report: Case
Management

Telephone contact with parent/guardian

Verbally discuss results of screen and interview

Listen to parent/guardian concerns

Discuss recommendations for mental health care

Provide resources for mental health care

Offer ongoing support to connect to mental health care

Parent Report

Grades K-5th

PSC-General PLUS

Parent/Guardian completes the screen

Thresholds for Potential Concerns: Overall and subscales from PSC-G, risk factors, NSSI, SI and SA

Follow-up interview with parent/guardian

Case Management

Why do we need to ask?

Research has shown that asking about suicide can reduce feelings of suicide ideation

4 out of 5 students teens who attempt suicide give a clear warning, most often this is TALKING about suicide

One conversation can make a difference

Wellness
Screen
2022-2023
Stats:

A total of 8,789 students across 14 school districts (60 sites) were offered a mental wellness screen

MOST parents/guardians WANT their student to participate. Only about 5% opted their student out of the program this year

MOST students participate! Less than 20% of students (19.3%) chose not to participate in the screen

Wellness
Screen
2022-2023
Stats:

Of those who participated in the screen 38.4% were identified with a potential mental health concern

Of those identified with a potential mental health concern:

63.4% reported depression and anxiety symptoms

19.4% reported engaging in self-injury in the past year

21.6% reported experiencing suicidal ideation in the past 90 days

94 students (4.2%) reported feeling suicidal the day of the screen

Some students ASK for assistance! An additional 33 students screened negative but requested support

Celebrating 10 years of Wellness Screen Impact!

Since 2012, we've offered the screen to over 83,300 families!

Nearly 40,000 students have participated in the screening.

Over 12,000 students have been identified with a mental health concern.

More than 8,200 of those students have been referred to mental health services.



THANK YOU FOR 10 YEARS OF CARING FOR KIDS!



The D.R.I.V.E Health Project

Our Project Values: Disrupt. Respond. Innovate. Voice. Equity.







Wisconsin Community Safety Fund





\$1.2 million 3 years 2023-2025

The D.R.I.V.E Health Project

Our Values: Disrupt. Respond. Innovate. Voice. Equity.

- Community readiness assessments for Black and Hmong communities to guide implementation of interventions
- Conduct culturally-specific mental health literacy and anti-stigma education campaigns, building protective factors and mental health promotion opportunities
- Offer culturally-specific warmlines
- Relationship building with public health, health systems, crisis system and mental health service providers and creation of culturally competent, trusted referral pathways into and out from systems
- Train Black and Hmong Community Health Workers to provide psychoeducation, low-intensity psychosocial interventions, coping skill and help-seeking behavior building and support groups within the communities
- Build infrastructure to sustain "Health Equity & Suicide Prevention Coordinator" positions in PoP and NEW Hmong Professionals
- Provide cultural competency training for 6 local health systems/mental health providers/resource agencies
- Increase inclusion and representation of people of color in community health needs assessments, community health improvement planning and decision making on community health priorities

Welcome Tiffany Yang, Project Director





A few words from DRIVE Health Project collaborating partners:



Wendy Krueger, United Way Fox Cities

Long Vue, NEW Hmong Professionals

2nd Annual! Yes, we are doing it again!!!

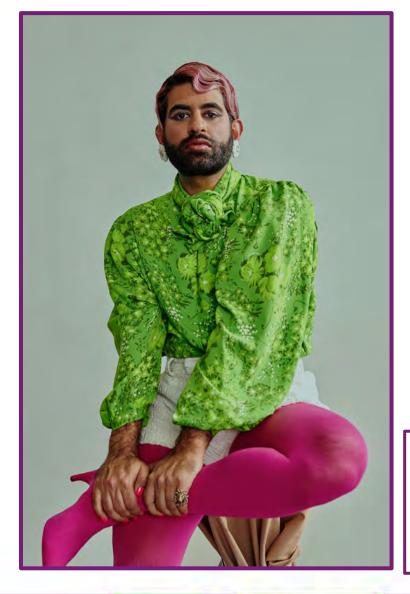


Our keynote speaker is...



Saturday, Nov. 4, 2023 • Neenah, WI

ALOK



Alok Vaid-Menon (they/them) is an internationally acclaimed author, poet, comedian, and public speaker.

- As a mixed-media artist their work explores themes of trauma, belonging, and the human condition.
- They are the author of Femme in Public (2017), Beyond the Gender Binary (2020), and Your Wound/My Garden (2021) and the creator of #DeGenderFashion: an initiative to de-gender fashion and beauty industries.
- In recognition of their work, they have been honored as the inaugural LGBTQ Scholar in Residence at the University of Pennsylvania and awarded a GLAAD Media Award and Stonewall Foundation Visionary Award.
- Over the past decade, they have toured in more than 40 countries, most recently selling out their runs at the Soho Theatre in London, the Edinburgh Fringe Festival, and the Kennedy Performing Arts Center.

Their show has been described as:

"provocative and powerful" (chortle [nam11.safelinks.protection.outlook.com])

"potent combination of comedy and poetry" ([nam11.safelinks.protection.outlook.com])

"jaw-dropping celestial event" (TO DO LIST LONDON [nam11.safelinks.protection.outlook.com])





Connection Care: The 'Just For Me' Series

Monthly, 3rd Thursdays, 7:30am-8:30am AND 11:30am-12:30pm, by Zoom

Grab a flyer or two on your way out!!!

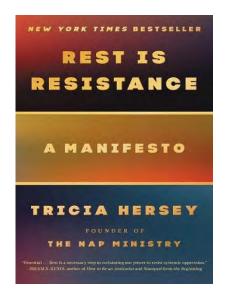
- ✓ January 19th MeCPR, Self & Community Care
- ✓ February 16th Rest & Radical Rest
- ✓ March 16th Pandemic Recovery & Grief
- ✓ April 20th Imagination & Curiosity
- ✓ May 18th Science & Biology of Emotion
- ✓ June 15th Personal Processing of Emotion

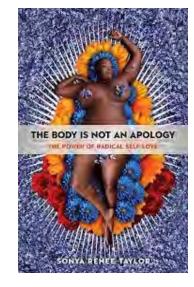


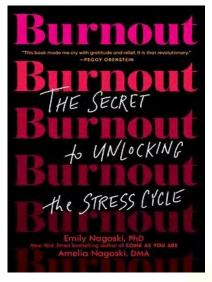
- July 20th Discomfort
- August 17th Both/And
- September 28th Mistake Making
- October 26th Healthy Boundaries
- November 16th –
 Supporting Others
- December 21st –
 Connection is Prevention

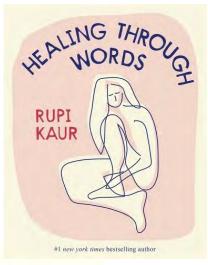


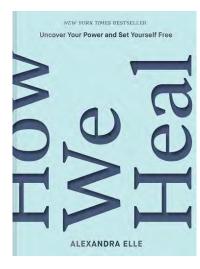
Every month, all Thursday participants will be entered into a raffle to win a book! Check these out...

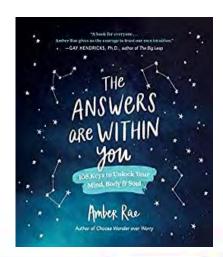


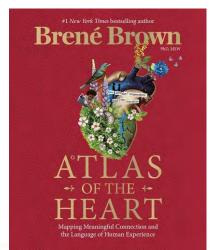


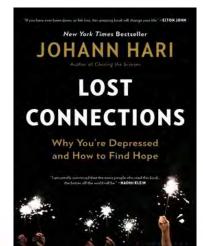


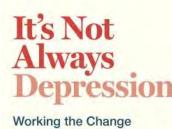












Working the Change
Triangle

To Listen to the
Body

Discover Core
Emotions

And Connect
to Your Authentic Self

Hilary Jacobs Hendel, LCSW Foreword by Diana Fosha, PhD

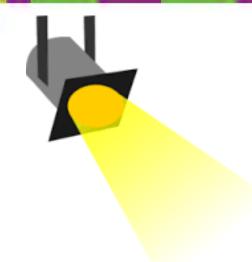




Slide deck & recording of today's meeting can be found at:

www.newmentalhealthconnection.org





Spotlight on:



Next Meeting:

Thursday, September 14, 2023 7:30 – 8:30 AM