



NEW Mental Health Connection Member Meeting

Thursday, November 9, 2023



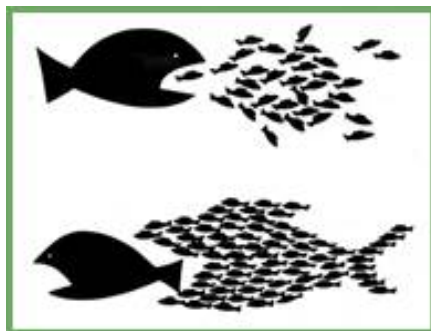
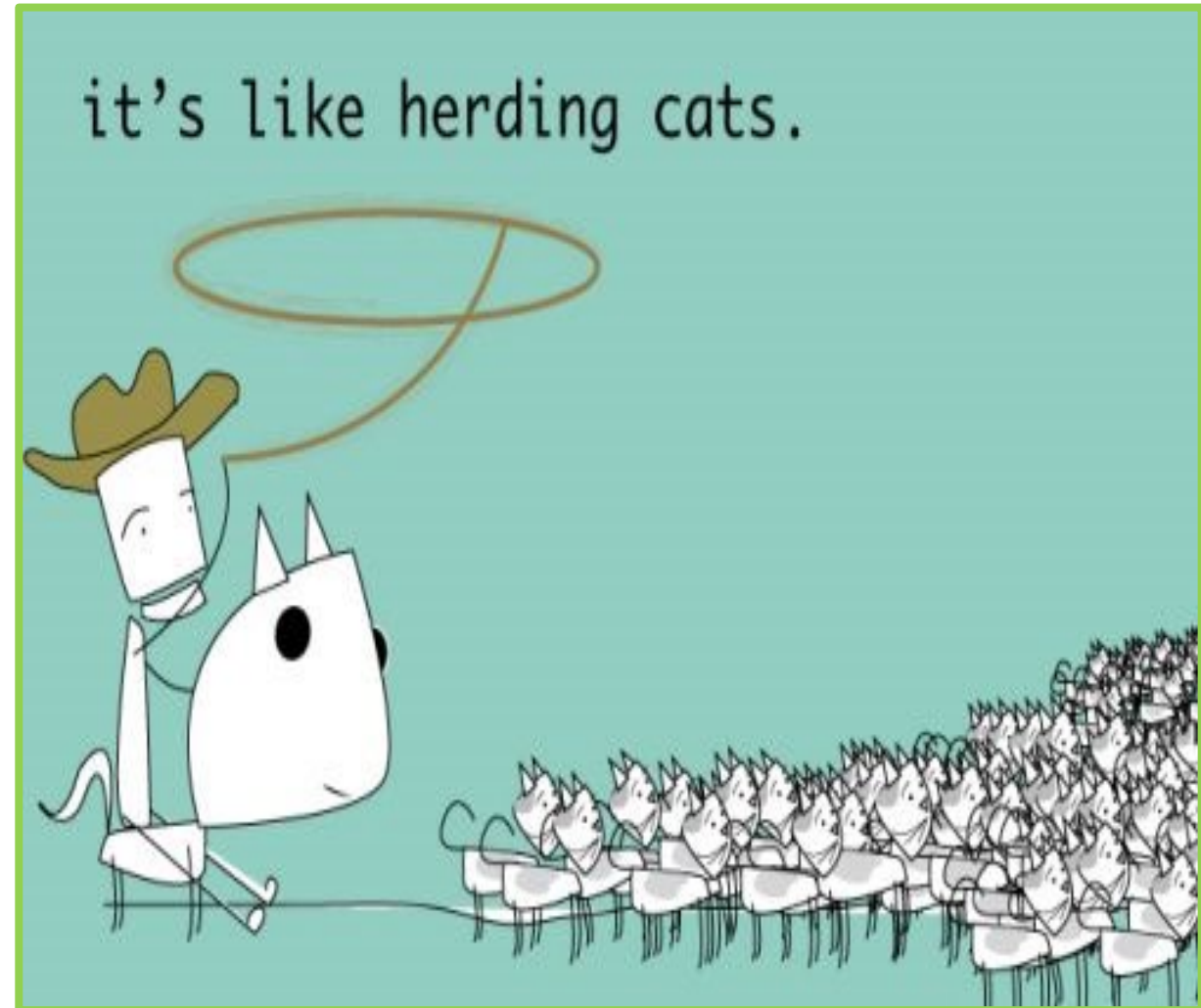
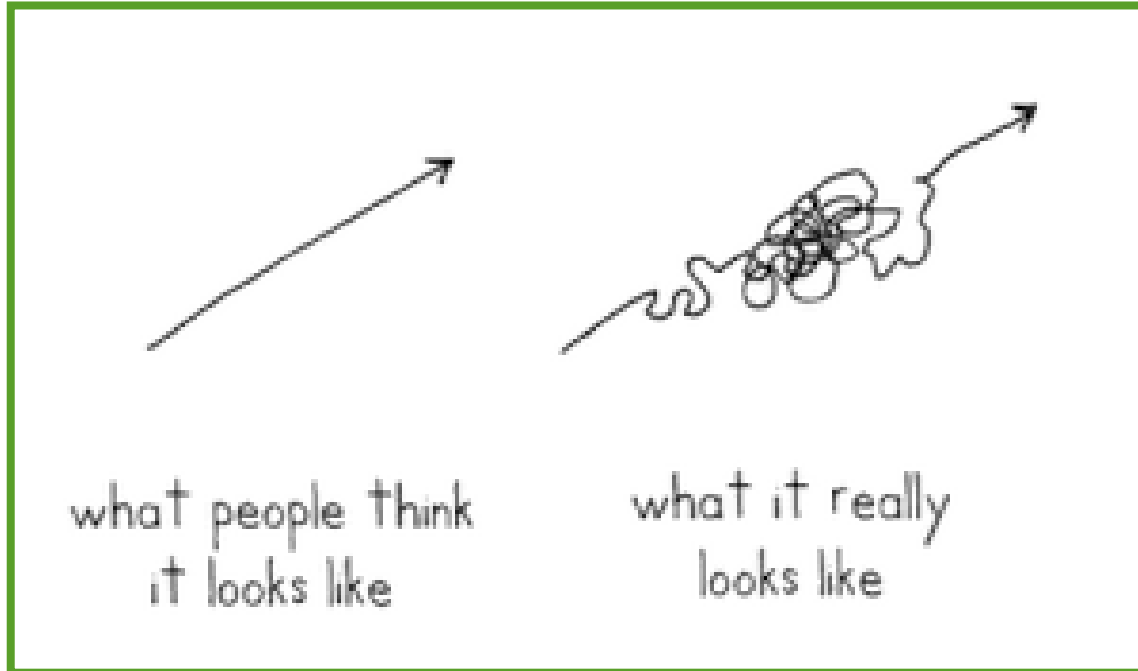
**The Connection
as an “Ecosystem
Enabler”**

AGENDA



- **Understanding the “Backbone Entity”**... What does The Connection do?
- **Exploring the next stage of development: Strategic Planning in 2024**
- **Please complete the annual Member Meeting survey** (Link will be sent by email)
- **REMINDER: “Just For Me” Series 2023 – Only 2 more!**

The truth about collaborative work on a wicked problem...



If we keep doing what we're doing...
we're going to keep getting
what we're getting

Stephen Covey



Mission

Lead a coalition of diverse stakeholders to champion mental health for everyone in the Fox Valley by addressing barriers, challenging systems, creating solutions, and prioritizing care and support

Vision

A community that is resilient, connected, and mentally well



HOW WE MAKE CHANGE

COLLECTIVE IMPACT

Collaborating to advance work that no single agency can do alone. The five conditions that create a foundation for successful collaborative work are:

- **Common Agenda**
- **Shared Measurement**
- **Mutually Reinforcing Activities**
- **Continuous Communication**
- **Backbone Organization**



The Connection
N.E.W. MENTAL HEALTH

Core Functions of The Connection

Serving as a container for innovative change!

GUIDING VISION & STRATEGY

by building a common understanding of the problem

SUPPORTING ALIGNED ACTIVITIES

by facilitating communication and collaboration

BUILDING PUBLIC WILL

to create a sense of urgency and articulate the call to action

ESTABLISHING SHARED MEASUREMENT PRACTICES

to collect, interpret, and report data

ADVANCING POLICY

Advocate for an aligned policy agenda

MOBILIZING FUNDING

Align public and private funding to support goals

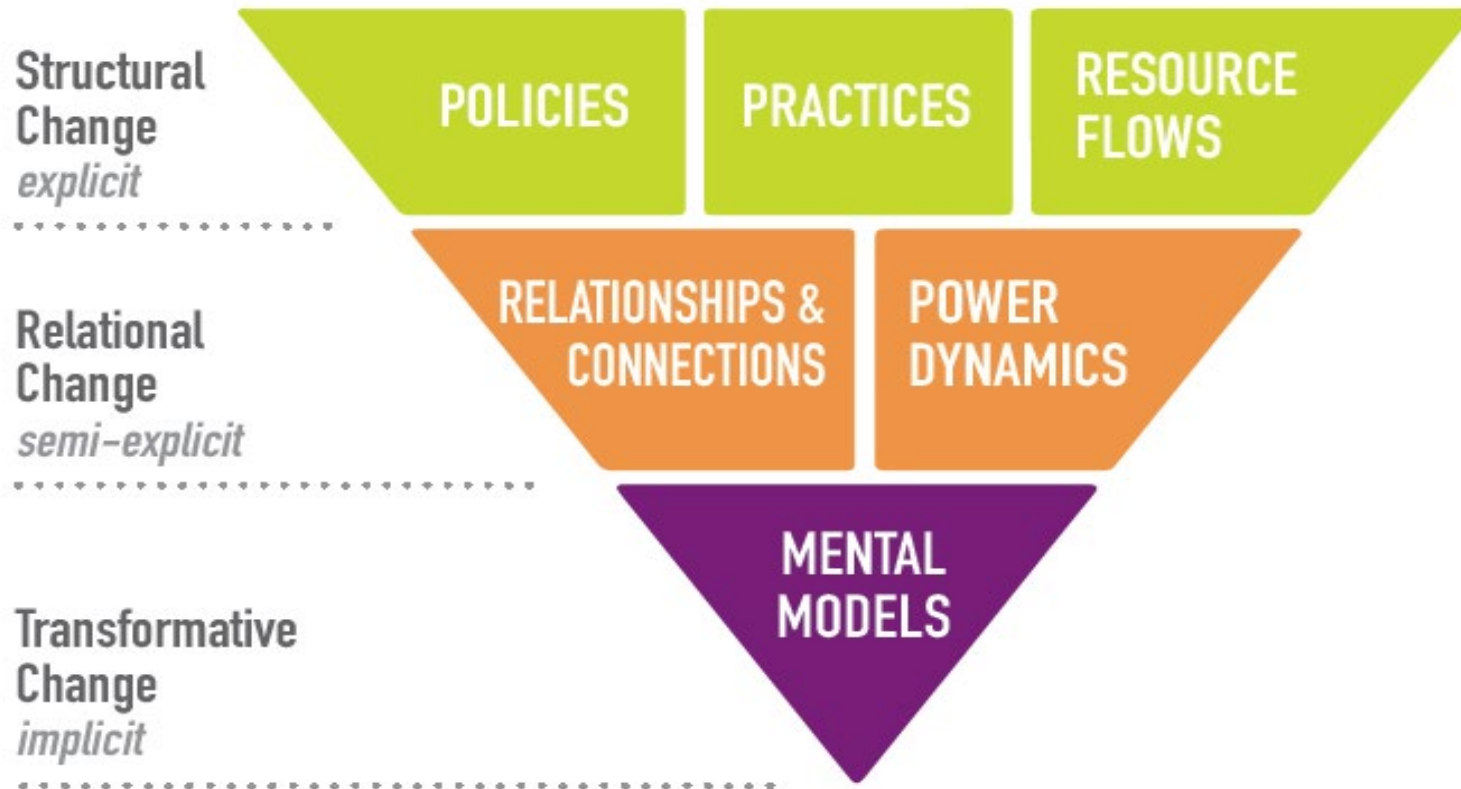
Tools for change continue to evolve...

The Five Conditions of Collective Impact – Reboot 10 years later

FROM	TO
Common Agenda	Community Aspiration
Shared Measurement	Strategic Learning
Mutually Reinforcing Activities	High Leverage Activities
Continuous Communication	Inclusive Community Engagement
Backbone Leadership	Containers for Innovative Change

WHERE WE MAKE CHANGE

CONDITIONS OF SYSTEMS CHANGE



Systems we've changed:

School Districts

Primary Care

Behavioral Health

Emergency Rooms

Law Enforcement

Corrections

Public Health

MH Crisis Response

Municipal government

Philanthropy

We are an 'Ecosystem Enabler'

- We seek out intransigent problems
- We are uniquely positioned for independent thinking
- We shine the light on system gaps/barriers/flaws
- We are unwavering advocates for innovation
- We create leverage when there is none
- We have capacity when no one else does
- We have an 'eagle's eye view' from which to create strategy
- We incubate ideas
- We forge nontraditional partnerships and collaborations
- We encourage alignment for impact



**Creating conditions
for solving,
achieving and
overcoming. NOT
managing.**

Project ZERO

EVERYONE MATTERS

- Mind Your Wellness Survey 2.0
- Community Suicide Prevention – action arm for Recommendations
- Expansion of Adult Suicide Death Review
- Legislative Breakfast – Educating on Recommendations Report



- Report: Youth Mental Health Scorecard and Outcomes of 8 years of Sources of Strength
- Transition of Sources implementation project to CESAs / WI expansion
- Plenary session at AHW 20-year anniversary celebration

Incubating projects:

- Maternal mental health: Collaborative Care Model in OB/GYN, addressing isolation, mental ill health in new moms
- Connectedness & Belonging: Exploration and research on what to do



- Mental health promotion and suicide prevention in the Black and Hmong communities
- Culturally specific education campaigns
- Building culturally responsive health and mental healthcare
- Creating safe referral pathways into care
- Inclusion in creating community health priorities
- Black & Hmong CHWs
- Community self-determination



Living our values and guiding principles...

2023 Cultural Competency Journey with Dr. Pam

- The team at NEW Mental Health Connection (Beth, Wendy and Sarah) took a one-year, grant funded cultural competency journey in 2023
- A huge thank you to Dr. Pam Her of 4 Chi Business Solutions for providing both a personal and organizational learning journey taking us from:
 - Diversity (them, they) - Recognition/awareness of differences - Curiosity - Celebration
 - Cultural Competency (I, we) - Recognizes relationships (race/privilege/unconscious bias) - Deconstructing lens - personal journey and organizational journey - Inclusiveness - Intentionality
 - Anti-ism/Lived Inclusion (us) - Intrinsic awareness of privilege, unconscious biases, and microaggressions - Leverage awareness, deeper understanding, and power to empower others - Personal/organizational journey alignment – constant evaluation and changes - DEI embedded in the cultural fabric of the organization through personal and organizational actions

Coalition Health Survey 2023

Stakeholder satisfaction with...	2018	2019	2020	2021	2022	2023
Replies:	19/25	23/40	36/50	58/70	52/70	44/60
Communication between Coalition members and staff	63 %	78 %	84%	96%	98%	98%
Communication between Coalition and community	47 %	70 %	89%	99%	94%	95%
Coalition members are listened to and heard	68 %	74 %	80%	87%	89%	92%
My time is well spent on the Coalition	68 %	78 %	87%	96%	98%	98%
I am satisfied with what Coalition has accomplished	79 %	83 %	92%	97%	99%	99%
I feel that I have a voice in what Coalition decides	58 %	65 %	72%	84%	84%	90%

It's time... Strategic Planning in 2024

Creating a vision of the future of The Connection:

- Who are we now?
- What should we be doing?
- What do we uniquely bring to the community?
- What structure best serves the community?
- Rethinking a sustainable funding model





**YOUR OPINION
MATTERS**

Please take the Member Meeting Survey

(link arriving by email)

- Monthly or Every other month?
- Week of month?
- Day of week?
- Time of day?
- Continue hybrid option?
- Agency and Project Spotlights?
- Speakers?
- Mini-trainings?
- New meeting components?



Don't miss the last two sessions!!

Connection Care: The 'Just For Me' Series

Monthly,
3rd Thursdays,
7:30am-8:30am
AND
11:30am-12:30pm,
by Zoom

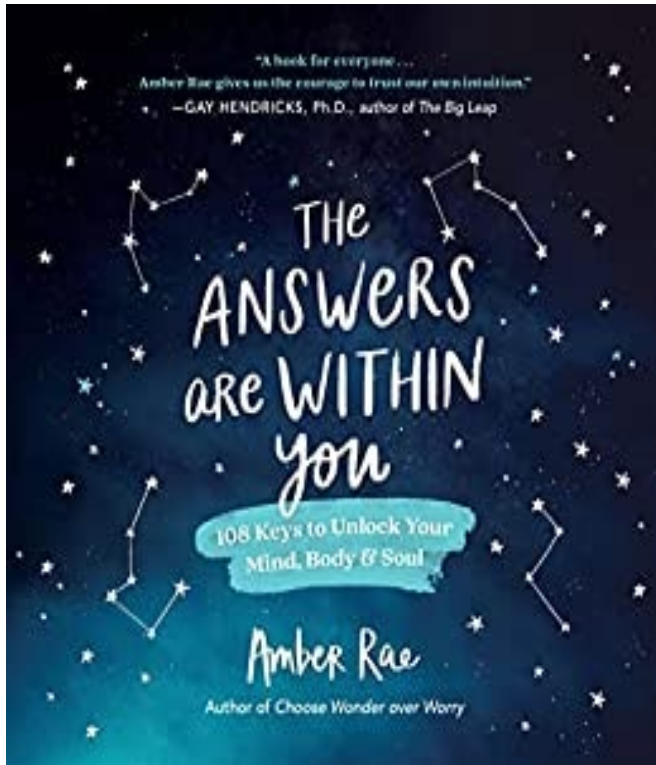
- ✓ January 19th – MeCPR, Self & Community Care
- ✓ February 16th – Rest & Radical Rest
- ✓ March 16th – Pandemic Recovery & Grief
- ✓ April 20th – Imagination & Curiosity
- ✓ May 18th – Science & Biology of Emotion
- ✓ June 15th – Personal Processing of Emotion



- ✓ July 20th – Discomfort
- ✓ August 17th – Both/And
- ✓ September 28th – Mistake Making
- ✓ October 26th – Healthy Boundaries
- November 16th – Supporting Others
- December 21st – Connection is Prevention



Thursday participants are entered into a raffle to win a book! Congrats to our last two months' winners:



Tana Koss, Family Services
of NE Wisconsin



Linda Palmbach, Menasha
Health Department

Slide deck & recording of today's meeting can be found at:

www.newmentalhealthconnection.org

YOU
are
AMAZING

Next Meeting:
January 2024 - TBD
(day/time based on survey responses)

CountryLiving

“Autumn is the season to find contentment at home by paying attention to what we already have.”

—UNKNOWN

