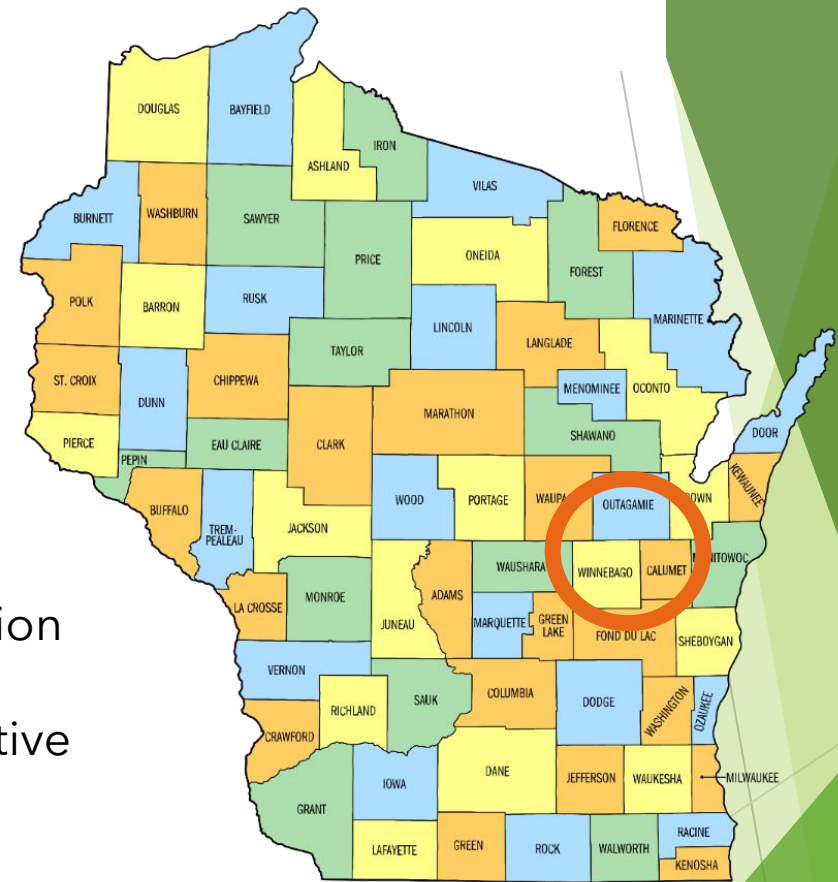


Suicide Prevention Action Team

September 23, 2025

Mission: Engage Tri-County community suicide prevention stakeholders to create a culture of connection and collaboration to reduce suicides and increase our collective knowledge of evidence-based approaches to suicide prevention.

Vision: Zero Suicides in the Tri-County



Welcome!

► Overview of today:

- Welcome
- Training Feedback
- Annual Report
- CLSP Framework
- Action Team Share Outs
- MYWS 2.0 preliminary data
- Agency share outs/networking



Feedback on Training- Suicide Prevention Adolescents and LGBTQ+

- ▶ Majority felt like the training increased their knowledge
- ▶ Some interested in additional trainings for both categories
- ▶ A lot of info!
 - ▶ The Executive Committee will work on compiling a simplified resource guide for SPA
 - ▶ LGBTQIA+ terminology, pronouns
- ▶ Overall, most want practical applications for safe suicide care for LGBTQIA+ populations and adolescents



FEEDBACK

?



Community-Led Suicide Prevention

Section 3 1) Below, list each SMARTIE Objective (from the last Column in Section 2).	2) What measures will you use to evaluate your objective's impact?	3) Who could you partner with for the programs, policies, and practices in your SMARTIE Objective?	4) List how and how often you will update partners and key audiences on progress and impact of your program, policy, or practice.	5) List funding types and opportunities you could pursue to develop and carry out this approach over the long term .
	<u>DATA</u> Key Area 3, Step 5	<u>UNITY</u> Key Area 3, Step 4 <u>PLANNING</u> Key Area 3, Step 4	<u>COMMUNICATION</u> Key Area 1, Step 5 <u>SUSTAINABILITY</u> Key Area 1, Step 1	<u>SUSTAINABILITY</u> Key Area 2, Step 3

Long-term goal, priority group, and sub-group (from Section 1):



Who are we partnered with in the community with our SMARTIE Objectives?



How will we update partners and key audiences?

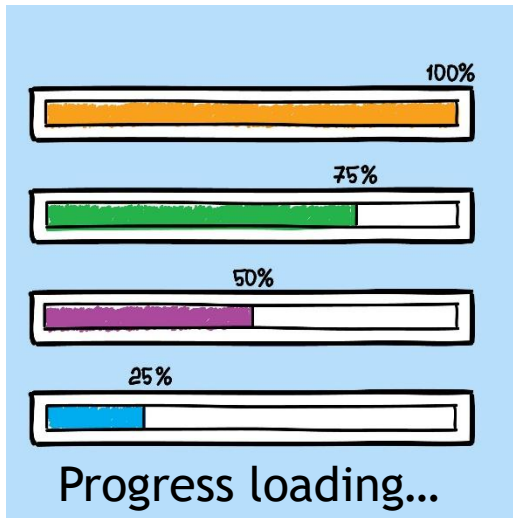
- *method*
- *frequency*

Sharing the work with the Community



Annual Report/white paper for SPA Team

- Share strategic planning process
- Share objectives
- Share overall progress on objectives and timelines
- Call to action/Ways to help



Discuss! What other ways can we share the work with our community?

Focus: Adolescents and LGBTQIA+

- ▶ Annual Mental Health Screenings Recommended For U.S. Youth
 - ▶ 1 in 5 children in U.S. living with mental or behavioral health problem
 - ▶ Rate of suicide in youth increased 41% between 2000 and 2017
- ▶ 988 “press 3” option elimination- aftermath
 - ▶ Since inception 18 million contacts, 1.5 million were for LGBTQ+ services
 - ▶ LGBTQ+ youth = highest needs, most restrictive access for mental health
 - ▶ New Bill introduced “988 LGBTQ+ Youth Access Act of 2025”
- ▶ Youth and Chat GPT:
 - ▶ OpenAi and character Ai- lawsuits
- ▶ Brave Spaces online resource platform
- ▶ App: Everywhere is Queer
- ▶ Trans Health Survey: Point of Pride
 - ▶ please share: <https://www.pointofpride.org/trans-health-survey>

Youth and Caregiver- Social Media/Digital Safety Group

By October 1, 2025, have partnerships with Sources of Strength Peer Leaders from at least five SOS schools to support their development and integration of messaging that promotes a culture where social media is seen as a tool for spreading “hope, help and strength.”

At least five school districts will share monthly posts on their social media platforms that provide parents and caregivers with tips on how to help their youth develop a healthy relationship with social media.

ThedaCare CHAT initiative: addressing youth mental health through digital media

- 
- Multi-sector collaboration
 - Phased implementation
 - Youth and family Voice
 - Norm-shifting campaigns
 - Capacity building
 - Data-informed
 - Access to Screen-Free Alternatives
 - Sustained Adult Presence and Modeling
 - Universal Access and Equity
 - Long term integration

Lethal Means Safety Objective

Objective: Increase the number of retailers on the interactive GunShop Map in Outagamie and Calumet Counties by 5 in 2025 and 5 more in 2026

Lethal Means Safety



Goal: Increase safety around lethal means among those at risk for suicide.

Objective:

Disseminate best practices, education, and strategies to increase safety around lethal means, including firearms and medications.

Action Steps:

1. Increase availability of secure storage devices, like lock boxes for firearms and medications, and cable locks for firearms.
2. Increase availability of medication drop-off locations and destroy kits.
3. Implement or enhance safety barriers to bridges, high rises, large bodies of water, and roof tops to reduce access for potential suicide.
4. Encourage firearm retailers or police departments to offer free, temporary firearm storage for individuals and families struggling with mental health.
 - Live Today, Put it Away is a program that partners with firearm retailers, veterans, health care systems, schools, law enforcement, and public safety across the state to educate on the importance of suicide prevention and secure storage.



*Alignment with the new 5-year State Prevention Plan Tier 1 Community-Based Prevention

Peer Support Subcommittee:

Increase the number of mental health peer support specialists by 15% (stretch goal 30%) in the Tri-County by 2026

Increase the number of community members trained in eCPR, YMHFA and QPR by 15% (30% stretch goal)

So far:

Researching the amount and availability of peer specialists and trainings in the Tri-County

Strategies:

Alignment with Winnebago County's Community Health Improvement goal: Residents will have access to well-being services

Tri-County Health Improvement Plan: focus on increasing social support

New State Prevention Plan: Goal of expanding Peer Support

Advocacy:

For peer run support groups, peer run respite, Medicaid reimbursements for peer specialists education for health systems:

When peer support is a part of a person's care there is...

- 38.6% decrease in utilization of patient services

- 29.7% decrease in # of days for inpatient stays

- 24.3% decrease in total behavioral health care related costs

Handle with Care

SMARTIE Objective

By Dec. 2025, increase the number of schools and law enforcement agencies by 30% in the Tri-County
Will implement Handle with Care

Measures for Evaluation:

- # of schools and # LE utilizing Handle with Care CURRENT numbers
- # of schools and LE have capacity to implement
- # schools and # LE interested in learning about HWC
- # of forms to schools on average
- # schools and # LE implementing HWC

Current Partners:

Winnebago County- Jennifer Skolaski, helped implement Handle with Care
Appleton Police Department
Appleton Area School District

Objective 4 Subcommittee:

- Increase the number of Mental Health providers who have formal training in providing culturally competent gender affirming care for LGBTQIA+ individuals*
- LGBTQIA+ individuals have tools to navigate healthcare systems and provide access to gender affirming care*

Training for higher education counseling programs

Barrier=cost

Universities interested

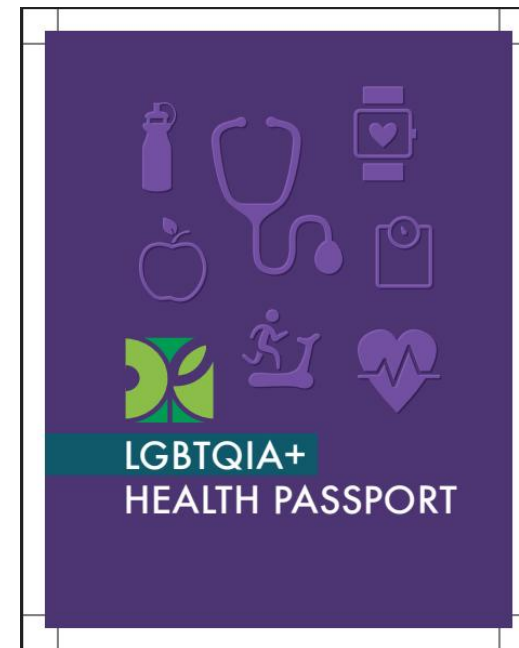
UW Oshkosh- in counseling program curriculum

UW Superior- interested, nothing in curriculum currently

Drafting a letter to counseling departments- code of ethics

Diverse and Resilient - Passport to Health Tool

Distribution of passport- end of year



Recommendations Subcommittee

Reviewing both Child Death Review (Outagamie and Winnebago County)
and Adult Suicide Death Review Recommendations (Winnebago County)

So far:

Has started reviewing Child Death Review Recommendations

Responsibility for subcommittee:

Monitoring, organizing, keeping track of progress

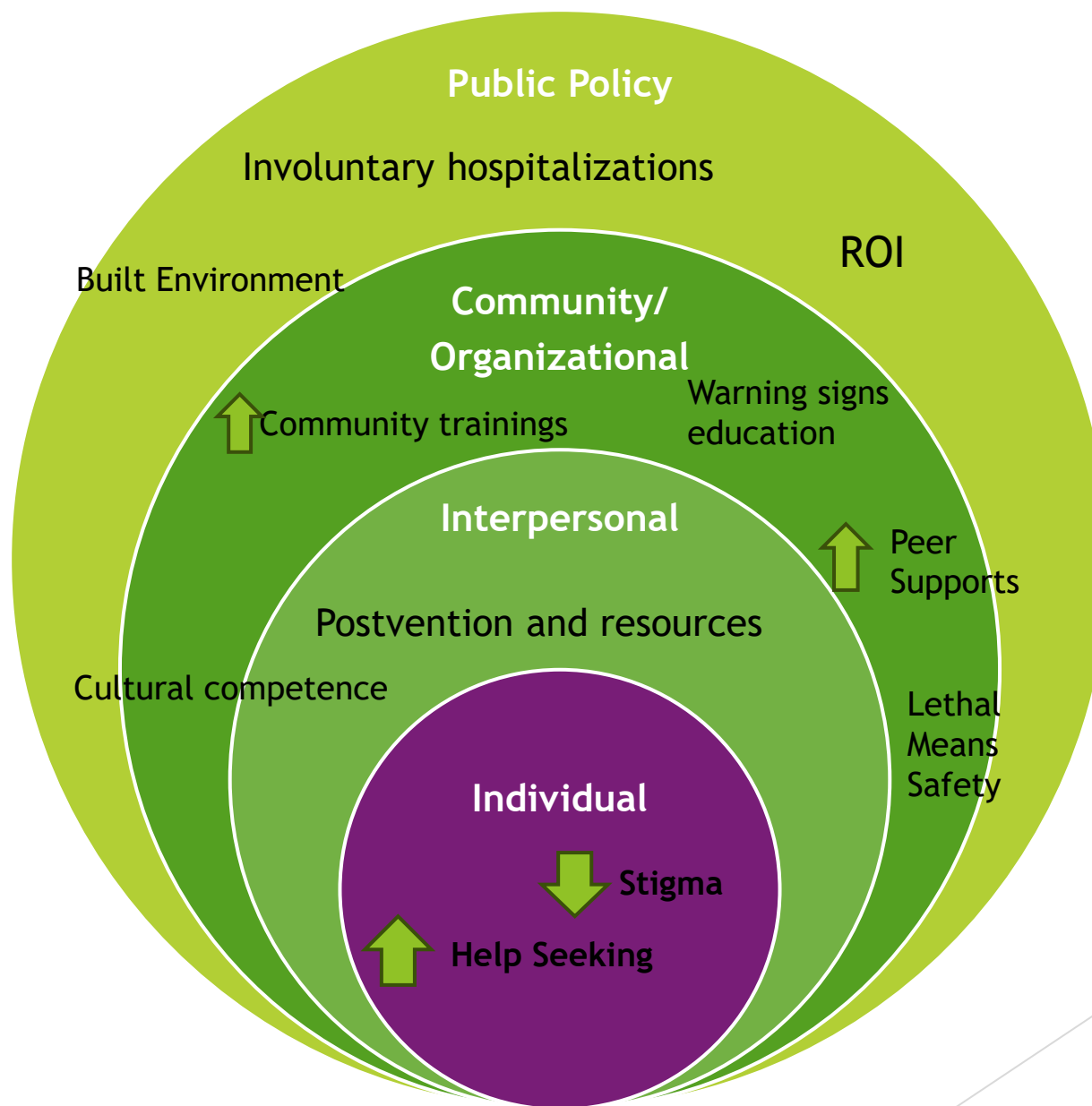
Uplift work already being done in community

Tiered level/Ranking System

1-5 feasibility scale
1-5 impact scale

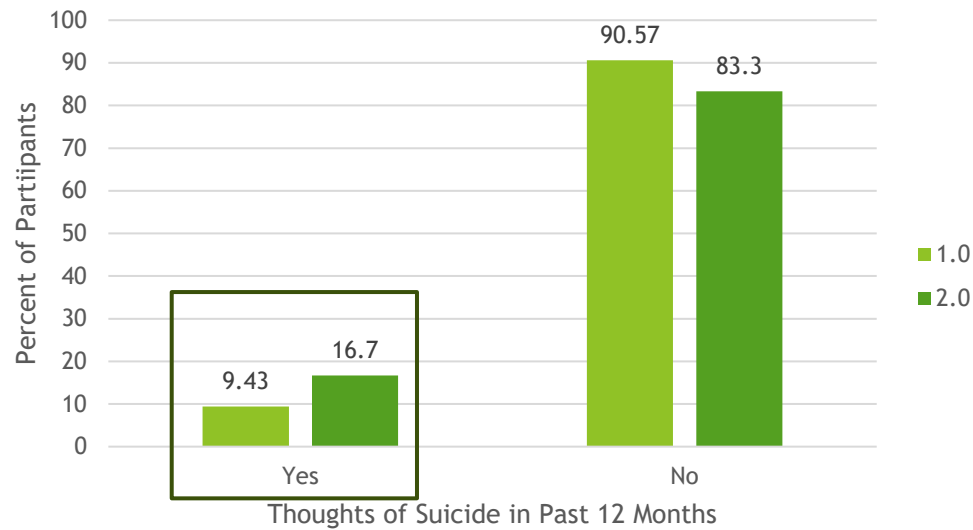


SEM Model:
Themes from
Recommendations

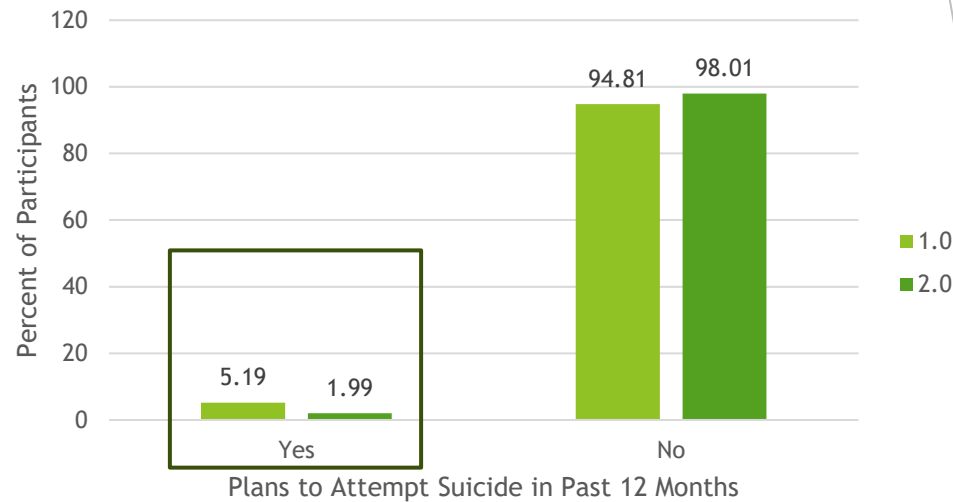


Mind Your Wellness Survey 2.0

Thoughts of Suicide in Past 12 Months



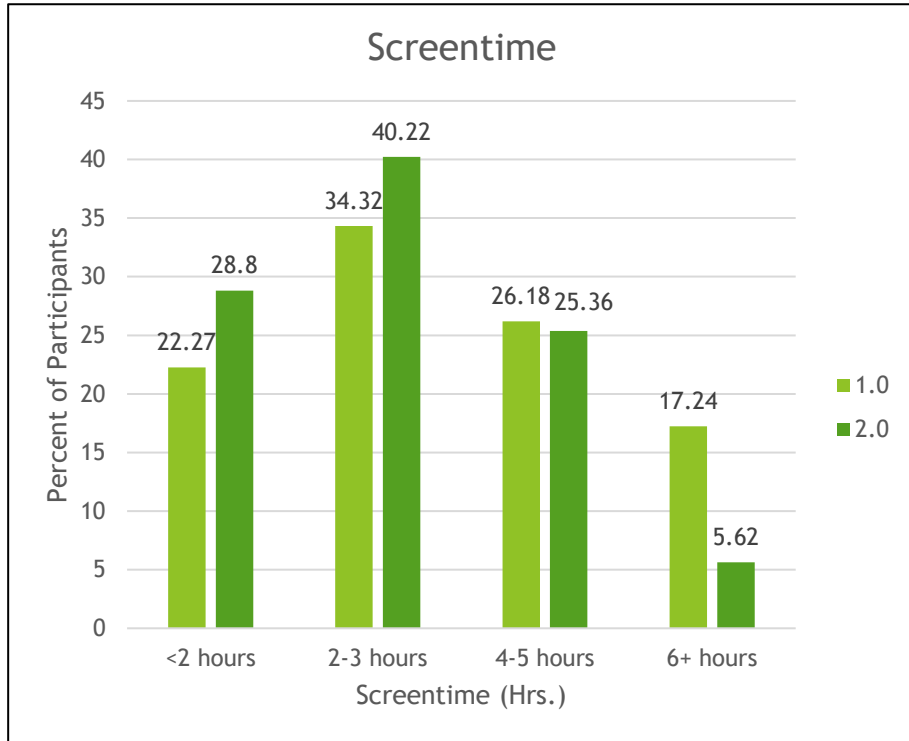
Plans to Attempt Suicide in Past 12 Months



A higher proportion of respondents on MYWS 2.0 reported thoughts of suicide compared to 1.0

A lower proportion of respondents on MYWS 2.0 reported plans to attempt suicide compared to 1.0

Screen time, depression and anxiety



Spending fewer than 4 hours on screens outside of work/school showed less likelihood of experiencing anxiety and depression (MYWS 1.0)

Suicide Loss Survivors

Percent of responses



Over 35% of respondents have experienced at least one suicide loss

Correlated with searching for information on suicide in the past 12 months

Networking/Agency
share outs:





Next Meeting:

November 18th?

12:00pm- 1:30pm