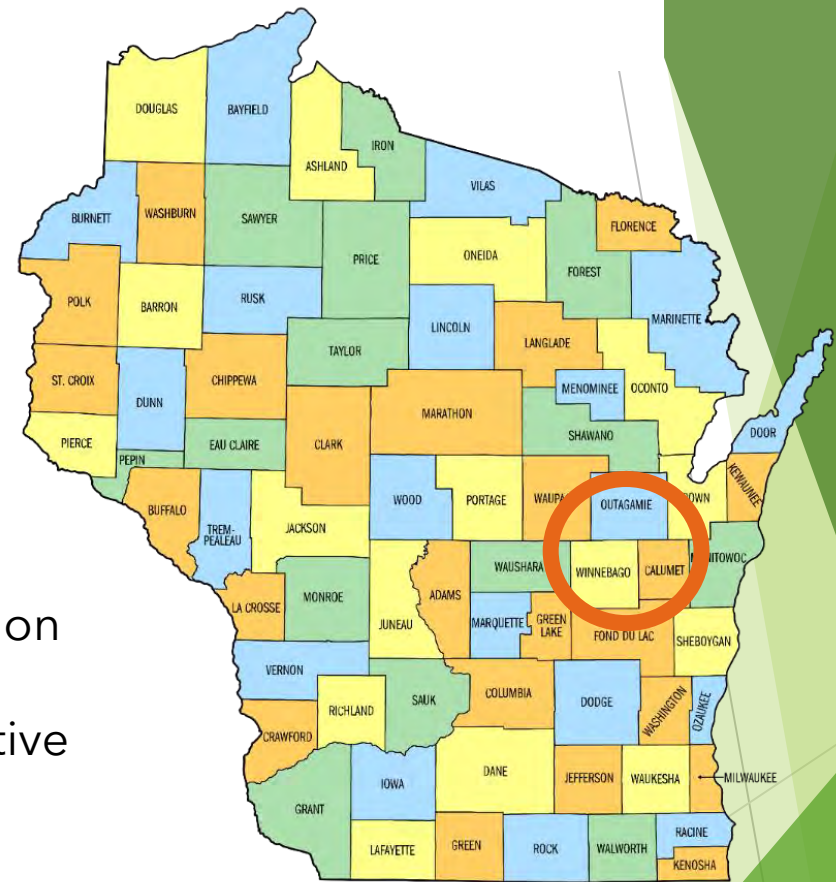


# Suicide Prevention Action Team

November 18, 2025

**Mission:** Engage Tri-County community suicide prevention stakeholders to create a culture of connection and collaboration to reduce suicides and increase our collective knowledge of evidence-based approaches to suicide prevention.

**Vision:** Zero Suicides in the Tri-County



# Welcome!

## ► Overview of today:

- Introductions/ice breaker
- Presentation: Planned Parenthood
- Discussion
- Subcommittee updates
- Evaluations
- Agency share outs/networking





Name

Agency

Icebreaker: name a mundane household object you are thankful  
for and why



# Planned Parenthood of WI

*Amy Daily, GAC PD*

# Objectives

- ▶ 1) Mission
- ▶ 2) Review services offered in general
- ▶ 3) Deeper dive into gender affirming care services
- ▶ 4) Mental health resources we are aware of to share with patients in the Fox Valley Area

# Mission

- ▶ The mission of Planned Parenthood of Wisconsin, Inc. (PPWI) is to empower all individuals to manage their sexual and reproductive health through patient services, education, and advocacy.

# PPWI Services

Birth control including emergency contraception

Genital symptoms exam and treatment

Cervical cancer screening

Mammogram referrals

Pregnancy confirmation and early pregnancy complications eval

STI testing, treatment, and partner treatment

UTI treatment

HIV testing

PrEP, PEP for prevention of HIV

DoxyPEP for prevention of bacterial STI's

Gender affirming care  $\geq 18$

Vasectomy

Miscarriage management

Postpartum care

Abortion

HPV vaccination for prevention of cervical & other cancers

Colposcopy & LEEP procedures

Endometrial biopsy

Menopause/perimenopause care

Additional resources, referrals, & patient navigation as needed

# Teens- have access too all of the following

1. Contraception- for birth control or menstrual suppression
2. Emergency contraception
3. STI testing, treatment and partner treatment
4. UTI treatment
5. Pregnancy testing
6. Genital symptom exams and treatment
7. They can be evaluated without parental consent for exams, STI testing and treatment, contraception. Meaning they can consent for themselves
8. Sexual and reproductive health care is important for all youth, LGBTQIA+ included
9. Additional resources, referrals & patient navigation as needed

# Insurance

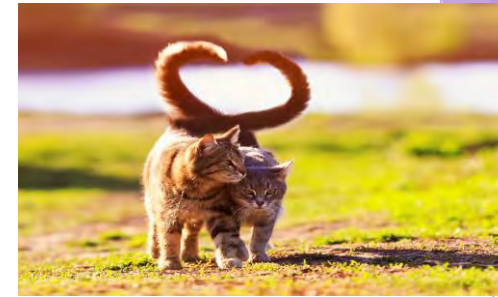
- ▶ We take most commercial insurance
- ▶ Badger care covers services we provide for family planning and gender affirming care
- ▶ Family Planning Only Services program (FPOS) covers reproductive health services- age is from start of menstruation through menopause- typically age 14 and up. Does not cover GAHT
- ▶ Note: We do not bill Medicaid or FPOS for abortion services

# General overview GAHT



- ▶ Gender Affirming Hormone Therapy
  - ▶ We offer gender affirming care visits to patients 18 years of age and older.
    - ▶ All clinics and telehealth
  - ▶ This includes feminizing and masculinizing medications
  - ▶ We practice the informed consent model which basically means, if a patient is able to consent for their own healthcare needs, they can be seen for a visit.
  - ▶ The informed consent model also means that we discuss risks and benefits for all medication options for patients and make decisions together with patients about their care.
  - ▶ Established patient: letters of support for gender affirming surgeries and name changes
  - ▶ We offer non-medical affirming resources as well

# How do visits work?



- ▶ Initial visit for GAHT: is about 40-60 minutes -includes time checking in, HCA rooming, and Clinician time-where we go through health history, current medications, pt goals. We can usually prescribe affirming medication at that first visit- unless there is a health concern that needs to be considered first.
- ▶ Lab visits- generally done 1-2 weeks prior to next follow up visit
- ▶ Follow up visits: First follow up and after any dose changes: 3 months. Once pt is stable with labs and is feeling affirmed/no longer needs dose adjustments- visits can be spaced 6 or 12 months apart.
- ▶ Problem visits- Pt's can schedule to come in to discuss any concerns, side effects, etc between follow up visits

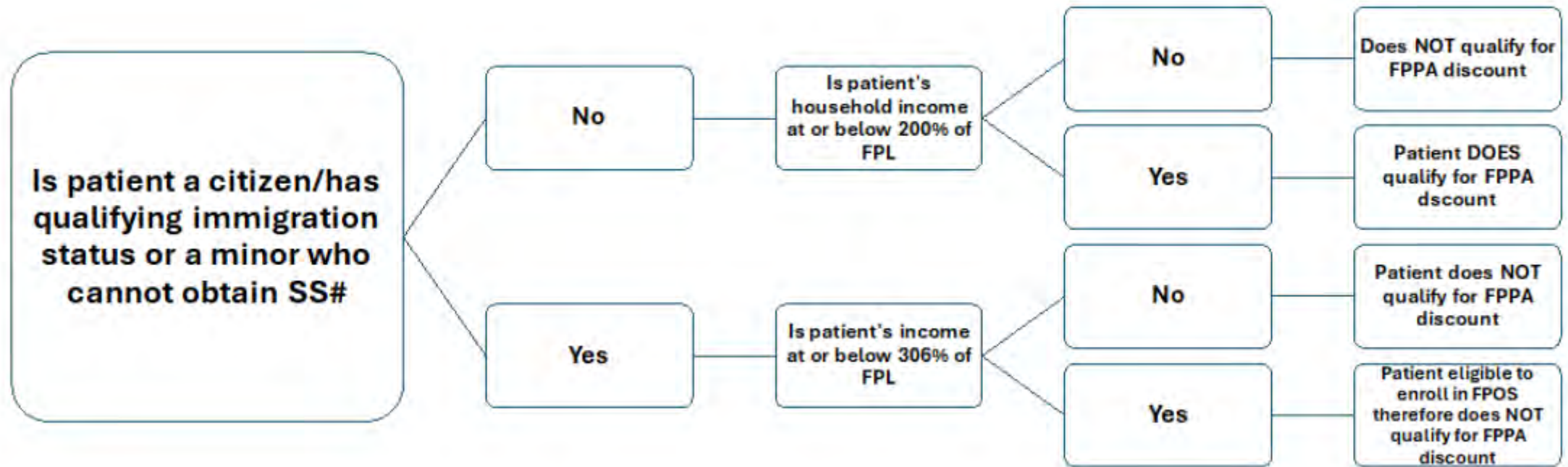
# How do patients schedule a visit?

- ▶ Through website
  - ▶ <https://www.plannedparenthood.org/planned-parenthood-wisconsin>
- ▶ Call center
  - ▶ 1-(844) 493-1052
- ▶ Walk in
  - ▶ Often can be seen same day or make appointment for next day
- ▶ Initial and f/u visits can be in person or virtual
- ▶ Lab draw visits at PPWI clinic or we can send order to local lab
- ▶ Patient navigator can help locate local lab sites for rural patients

# Medicaid/FPOS/Out of pocket

- ▶ Medicaid covers the costs of clinic visits, labs and medications!!
- ▶ FPOS does not- this can be used to bill for contraception and STI testing
- ▶ GoodRx: very helpful for patients who do not have insurance for prescriptions
- ▶ FP Assistance program (for those who qualify)





Note: This applies to all services, not just gender affirming care

# Local mental health resource list



## Northeast GAHT Resources

### **Behavioral & Mental Health**

|                                              |                                    |                 |              |
|----------------------------------------------|------------------------------------|-----------------|--------------|
| Cognitive Wellness Therapy LLC               | Telehealth Only                    | Telehealth Only | 920-215-1849 |
| Counseling and Consulting Professionals, LLC | 424 E Longview Drive               | Appleton, WI    | 920-234-9240 |
| GJB Health Services                          | 711 North Lynndale Drive Suite 1-A | Appleton, WI    | 920-560-4525 |
| Partnership Community Health Center          | 5471 Waterford Lane                | Appleton, WI    | 920-731-7445 |
| Purple Lotus Counseling LLC                  | 420 E Longview Drive Suite B       | Appleton, WI    | 920-543-5583 |
| Sherman Counseling – Appleton North          | 2505 E Evergreen Dr Suite C        | Appleton, WI    | 920-733-2065 |
| Sherman Counseling – Appleton West           | W6144 Aerotech Drive               | Appleton, WI    | 920-733-2065 |
| Sherman Counseling – Fond du Lac             | 952 S Park St                      | Fond du Lac, WI | 920-733-2065 |
| Samaritan Counseling Center – Kaukauna       | 510 Sullivan Ave Kaukauna          | Kaukauna, WI    | 920-886-9319 |
| Samaritan Counseling Center – Menasha        | 1205 Province Terrace              | Menasha, WI     |              |
| Samaritan Counseling Center – New London     | 709 W Pine St                      | New London, WI  |              |
| Samaritan Counseling Center – Oshkosh        | 110 Church Ave Oshkosh             | Oshkosh, WI     | 920-235-1678 |
| Sherman Counseling – Oshkosh                 | 222 Ohio St Oshkosh                | Oshkosh, WI     | 920-733-2065 |

**For more resources including but not limited to gender affirming surgery, laser hair removal & electrolysis, community building, please call our Patient Navigation line at 414-289-3002 (Mon-Fri, 9am-5pm).**

# State and National mental health resource list

of Wisconsin, Inc.

## Wisconsin Statewide TNG Resources

**Wisconsin Trans Health Coalition**  
[www.witranshealth.org](http://www.witranshealth.org)

**Diverse & Resilient, Inc.**  
2439 N. Holton St.  
Milwaukee, WI 53212  
414.390.0444 Phone  
414.390.9980 Fax  
[www.diverseandresilient.org](http://www.diverseandresilient.org)

**GSAFE**  
122 E. Olin Ave. Ste. 290  
Madison, WI 53713  
608.661.4141 Phone  
[www.gsafewi.org](http://www.gsafewi.org)

**PFLAG**- Local chapters across Wisconsin  
[www.pflag.org](http://www.pflag.org)

**Transgender Youth Resource Network (TYRN) of Wisconsin**  
[www.uwhealthkids.org/pediatric-diabetes/transgender-youth-resource-network/46956](http://www.uwhealthkids.org/pediatric-diabetes/transgender-youth-resource-network/46956)

**Wisconsin Coalition Against Domestic Violence**  
1245 E. Washington Ave. Suite 150  
Madison, WI 53703  
608.255.0539 Phone  
800.747.4045 Toll Free Crisis Line  
[www.endabusewi.org](http://www.endabusewi.org)  
wcadv@wcadv.org

**Trans Law Help Wisconsin**  
[www.translawhelp.com](http://www.translawhelp.com)

**Wisconsin Coalition Against Sexual Assault**  
2801 West Beltline Highway Suite 202  
Madison, WI 53713  
608.257.1516 Phone  
608.257.2537 TTY  
Northern Office:  
715.552.3730 Phone  
[www.wcasa.org](http://www.wcasa.org)

**Wisconsin Department of Health Services**  
1 W Wilson St  
Madison, WI 53703  
608.266.1865 Phone  
[www.dhs.wisconsin.gov/lgbthealth/violence-safety.htm](http://www.dhs.wisconsin.gov/lgbthealth/violence-safety.htm)

**Vivent Health**- Clinics across Wisconsin  
Formerly AIDS Resource Center of Wisconsin (ARCW)  
1.800.359.9272 Phone  
[www.viventhealth.org](http://www.viventhealth.org)

**Wisconsin LGBT Chamber of Commerce**  
5027 W North Ave  
Milwaukee, WI 53208  
414.671.4325 Phone  
[www.wisqlbtchamber.com](http://www.wisqlbtchamber.com)

**ACLU of Wisconsin**  
207 E Buffalo St Unit 325  
Milwaukee, WI 53202  
414.272.4032  
[www.aclu-wi.org](http://www.aclu-wi.org)

**Forge Wisconsin**  
P.O. Box 1272  
Milwaukee, WI 53201  
414.559.2123 Phone  
[www.forge-wi.org](http://www.forge-wi.org)

## National Resources

**LGBT National Help Center**  
[www.glbthotline.org](http://www.glbthotline.org)  
888.843.4564 Hotline

**National Center for Transgender Equality**  
1133 19th St NW, Suite 302  
Washington D.C. 20036  
202.642.4542 Phone  
[www.transequality.org](http://www.transequality.org)

**Trans Lifeline**  
877.565.8860 Hotline  
[www.translifeline.org](http://www.translifeline.org)

**The Trevor Project** (ages >25)  
1-866-488-7386 Hotline  
Text START to 678-678  
[www.thetrevorproject.org](http://www.thetrevorproject.org)

**National Suicide Prevention Lifeline**  
800.273.8255 Hotline  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**Transgender Law Center**  
PO Box 70976  
Oakland, CA 94612  
510.587.9696 Phone  
[www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)

# Questions and time for Sharing Resources



# Subcommittees-

## Any updates?

- ▶ Digital media safety- parents and caregivers
- ▶ LGBTQ+/Objective 4
- ▶ Handle with Care
- ▶ Lethal Means Safety
- ▶ Peer Support
- ▶ Recommendations



# Evaluation-CLSP-Section 3- 2)What measures will you use to evaluate your objective's impact?

- ▶ Evaluation of objectives
  - ▶ Have the approaches been carried out as intended?
  - ▶ Are they reaching the target measurements for your objective?
  - ▶ Are they centered on lived experience?
  - ▶ Are they making a difference?
- ▶ Process vs outcome

| <br><b>FIT</b><br><b>How to Align Activities with Community Culture and Needs</b> | KEY AREA 1:<br><u>Assessing community readiness</u>                                                                                                                                                                                                                                                                                                                                                              | KEY AREA 2:<br><u>Involving diverse populations</u>                                                                                                                                                                                                            | KEY AREA 3:<br><u>Incorporating community context and culture</u>                                                                                                                                                                                                                                                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                    | <b>STEP 1:</b> Identify who will conduct the readiness assessment<br><b>STEP 2:</b> Focus the readiness assessment<br><b>STEP 3:</b> Fit your methods to your participants<br><b>STEP 4:</b> Develop questions to assess community readiness<br><b>STEP 5:</b> Conduct readiness assessments<br><b>STEP 6:</b> Evaluate assessment results<br><b>STEP 7:</b> Use assessment results to inform strategic planning | <b>STEP 1:</b> Develop active partner engagement<br><b>STEP 2:</b> Acknowledge different experiences with historical trauma and inequity<br><b>STEP 3:</b> Engage people with lived experience<br><b>STEP 4:</b> Identify roles for diverse community partners | <b>STEP 1:</b> Gather input on community context and culture<br><b>STEP 2:</b> Adapt evidence-informed prevention approaches<br><b>STEP 3:</b> Consider relevant local approaches<br><b>STEP 4:</b> Evaluate the impact of cultural approaches<br><b>STEP 5:</b> Evaluate prevention approaches considering culture |

## Suicide Prevention Action Team- End of Year Evaluation



## 2026 - Tentative Meeting Dates

**Tues. Jan. 20<sup>th</sup>**

12:00pm-1:30pm

**Tues. Mar. 17<sup>th</sup>**

12:00pm - 1:30pm

**Tues. May 19<sup>th</sup>**

12:00pm - 1:30pm

**Tues. July 21<sup>st</sup>**

12:00pm- 1:30pm

**Tues. Sept. 15<sup>th</sup>**

12:00pm - 1:30pm

**Tues. Nov. 17<sup>th</sup>**

12:00pm 1:30pm

