



**The Connection**  
N.E.W. MENTAL HEALTH



# SAVE THE DATE!

## Preventing Deaths of Despair: Clinical, Systems, and Human Approaches

A 4-Part Training Series for Health Care Providers and Social Workers

Co-sponsored by:

NEW Mental Health Connection  
Winnebago County Overdose Fatality Review (OFR) Team



### OVERVIEW

This in-person training series examines how traumatic brain injury, ADHD, and pain increase risk for suicide, overdose, and alcohol-related deaths. Each session integrates clinical education, systems awareness, and lived experience, equipping providers with practical tools to better identify risk, intervene earlier, and support resilience.



### DATES & TOPICS

- SEPT 3** Traumatic Brain Injury and Risk of Deaths of Despair
- SEPT 15** ADHD, Executive Function, and Increased Risk
- SEPT 30** Pain, Coping, and Alcohol-Related Harm
- OCT 15** When Sleep Becomes a Warning Sign: Insomnia, Overdose Risk, and Suicide Prevention



### FORMAT & SCHEDULE

- Time: 5:00–6:30 PM (training)
- Networking: Optional in-person networking from 6:30–7:00 PM
- Location: TBD, but in person in the Fox Valley



### AUDIENCE

Physicians, nurses, social workers, behavioral health providers, allied professionals, and front-line staff.



### CREDITS & COST

- CMEs available
- Low-cost registration to ensure accessibility, and discount for Connection Members or for those who sign up for all 4 sessions.



### WHY ATTEND

- ✓ Directly addresses drivers of overdose, suicide, and alcohol-related deaths
- ✓ Combines evidence-based education with real-world lived experience
- ✓ Designed to fit provider schedules after work hours
- ✓ Encourages cross-system learning and connection
- ✓ Strengthens prevention, screening, and engagement skills



### KEY TAKEAWAYS

Participants will leave with:

- Improved ability to recognize hidden risk factors
- Practical tools for patient conversations and early intervention
- Greater understanding of how brain injury, ADHD, and pain intersect with substance use and suicide risk
- Renewed connection to the human impact of this work



Working together to prevent overdose, suicide, and alcohol-related deaths and build a healthier, more connected community.

More details and registration information coming soon!

Questions? Contact Lindsey at [lindsey@newmentalhealthconnection.org](mailto:lindsey@newmentalhealthconnection.org)